ELLE HONG KONG

中環街市 CENTRAL MARKET

Wellness VILLAGE Map

YOUR GUIDE TO THE VILLAGE
你的 Wellness Village 探索指南

30 AUG — 10 SEP 2026
CENTRAL MARKET

3 FLOORS · 60+ EXPERIENCES · 50+ BRANDS

Move · Slow Down · Discover

ESCAPE WITHOUT LEAVING.

Follow us: @wellnessvillage

G/F — MOVE & RECHARGE
動起來 · 充充電



MOVEMENT EXPERIENCES | 運動體驗
Yoga · Pilates · HIIT · Barre & more

Book via THE GROUND. No walk-ins.
請於 THE GROUND 預先購票，不設即場參加。

OXYGEN EXPERIENCE | 氧氣體驗
Paid experience. Advance booking available.
付費體驗，可提前預約。

Need Help?
Look for our Village Members in the "WELLNESS LOOKS GOOD ON YOU" tee.



1/F+2/F — SHOP & DISCOVER
逛逛 · 發掘

MARKETPLACE | 市集
Beauty · Lifestyle · Nutrition · Craft · Everyday Wellness

美容 · 生活 · 營養 · 手作 · 日常 Wellness

1/F — CREATE & SLOW DOWN
創作 · 慢下來

WORKSHOPS | 工作坊
Painting · Plant · Mindful Living & more
繪畫 · 植物 · Mindful Living 等
Advance booking required.
須提前預約。

SLOWDOWN AREA | 慢活體驗區

NEUROVIZR | 腦部 SPA
11-minute light + sound experience
11分鐘光影 × 聲音沉浸體驗
Online RSVP required.
須網上預約。

WELLNESS VILLAGE PICKS | 精選好物
Handpicked wellness finds.
Wellness Village 精選好物。

RECEPTION 接待處

WELLNESS VILLAGE RECEPTION | 接待處
Guidebook · Merch · Redemption · Village Information · Guidebook · Merch · 禮品換領 · 活動資訊
While stocks last.
數量有限，換完即止。

3 Floors . 3 Stamps. 1 Gift

ALL 3 FLOORS — WELLNESS STAMP GO!
三層 — WELLNESS 印章 GO !

Collect 3 stamps to redeem a Wellness Gift at Reception.
集齊 3 個印章，到接待處換領 Wellness Gift。
Limited daily quantities.
每日數量有限，換完即止。







SCAN ME

EXPLORE THE VILLAGE

THREE FLOORS. YOUR OWN WELLNESS JOURNEY.

跟往 Map，由 Move、Slow Down 到 Discover，行勻三層 Wellness Village。
Follow the map through three floors of movement, mindful moments and discovery.

二樓
Second floor — 12

一樓
First floor — 3 - 11

地下
Ground floor — 1 - 2

2/F — MARKET PLACE

DISCOVER · CONNECT · TAKE IT HOME

12 — Market Place

1/F — LIVING ROOM

WORKSHOP · SLOW DOWN · DISCOVER

11 — ÍSSMEN Booth

10 — Wellness Village Reception
Guidebook · Merch · Redemption · Village Information

09 — Medi Free Wellness

08 — CHILDISH ADULT

07 — Charlie Jolly

06 — Living Room Workshop Area (RSVP only)

05 — Slowdown — NeuroVIZR

04 — Wellness Village Picks

03 — Marketplace

G/F — OASIS

MOVE · EXPERIENCE · RECHARGE

02 — Movement Experiences (RSVP only)
Yoga · Pilates · HIIT · Barre & More

01 — Oxygen Experience



Wellness VILLAGE
ISSUING HOUSE PRESENT

ELLE

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